



Fighting Back Institute

Making A Difference...One Life at a Time



PRESS RELEASE – FOR IMMEDIATE RELEASE

The Fighting Back Institute will be offering a FREE Women's Safe Self Defense Workshop at the Hilton San Antonio Airport on Thursday, July 20, 2017 from 7:00PM to 8:30PM.

The Women Safe Communities (WSC) Project is a women's focused education program to empower women to recognize and identify predatory behavior and strategies and take proactive steps to avoid being victimized.

Every 2 minutes, someone in the U.S. is sexually assaulted. In fact, 1 in 6 women will be sexually assaulted in her lifetime. College aged women are 4X more likely to be sexually assaulted. Victimization can happen anywhere, at home, work, public places and even while traveling. Helping women understand how to minimize their risk of being victimized, as well as being exposed to the tactics used by those who would seek to take advantage of them is an essential element in living safe.

When escape is not an option, understanding how to effectively fight back to create an opportunity to run away can empower women to take control of their lives and be confident they can defend themselves, if necessary, in the event of an attack.

The Women's Safe Self Defense Course will be taught by Professor John Terry, a 2X martial arts hall of fame inductee and executive director of the Fighting Back Institute. John has been teaching courses in predator awareness and safety to children and rape and assault prevention courses to women for more than a decade both here in the United States as well as the Caribbean and Central America.

The Hilton San Antonio Airport is located at 611 NW Loop 410. For directions, please contact the Hilton at 210-340-6060.

For more information on the Women Safe Communities Project or the Fighting Back Institute, visit the organization's website at www.FightingBackInstitute.com.

SOURCE: Rape, Abuse & Incest National Network (2008)

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www.fightingbackinstitute.com

www.kidsafecommunities.com

www.womensafecommunities.com

The Fighting Back Institute is a division of TNT Ministries, Inc. an IRS recognized 501(c)3 nonprofit organization.